



# The Navigation Inn

Sowerby Bridge

Menu

## Mid week specials

MONDAY TO WEDNESDAY

2 COURSES AND A DRINK £18 (EXCEPT SIRLOIN)

DRINKS PINT FIZZY POP, HEINEKEN, REAL ALE OR MEDIUM GLASS HOUSE WINE



2 ITEMS OFF THE GRILL MENU AND A BOTTLE OF WINE £30 OR £35 WITH 2 COURSES.

## Starters

CHICKEN LIVER PATE, TOASTED BAGUETTE, ONION AND ALE CHUTNEY £5.50

HOME MADE TOMATO SOUP, FRESH BAGUETTE V V

Vegan if served without bread £3.30

WHITEBAIT, GARLIC MAYONNAISE £5.50

GARLIC & CHILLI ROASTED VEGETABLES, HALLOUMI AND FALAFEL V V

Vegan if served without halloumi £5.50

## Mains

### Grill

8OZ SIRLOIN, FRIES, ONION RINGS, TOMATO, MUSHROOMS & PEAS. £16.00

10OZ GAMMON STEAK FRIES, ONION RINGS, FRIES EGG, TOMATO & MUSHROOMS,

ROASTED PINEAPPLE & PEAS £10.00

GRILLED CHICKEN BREAST FRIES, ONION RINGS, TOMATO & MUSHROOMS £10.00

CAJUN CHICKEN BREAST FRIES, ONION RINGS, TOMATO & MUSHROOMS £10.00

## Steak sauces

DIANE, MUSHROOM & BRANDY £2.00 V

PEPPER CORN SAUCE £2.00 V

GARLIC BUTTER £1.50 V

## Vegetarian / Vegan

SWEET POTATO AND WHITE BEAN CHILLI, FRAGRANT RICE. £9.00 V V

SWEET POTATO, CHESTNUT MUSHROOM, CHICKPEA SHEPHERDS PIE,

CHIPS PEAS & VEGETABLE GRAVY. £9.00 V V

## Traditional pub meals

FISH AND HAND CUT CHIPS, MUSHY PEAS. £10.00

SCAMPI AND HAND CUT CHIPS, PEAS £10.00

STEAK CHESTNUT MUSHROOM AND RED WINE PIE, HAND CUT CHIPS/ MASH, PEAS £10.00

SAUSAGE AND MASH, RED WINE ONION GRAVY, PEAS £10.00

## Burgers

ALL SERVED WITH FRIES, ONION RINGS, COLESLAW

6OZ BEEF BURGER £9.00

GRILLED CHICKEN BREAST £9.00

GRILLED CAJUN CHICKEN BREAST £9.00

FALAFEL BURGER ROASTED PEPPERS AND HUMUS £8.00 V V

ADD BACON OR CHEESE TO ANY BURGER 60P

Navigation inn Sowerby bridge – 01422 750947

## Lunch

SANDWICHES ALL SERVED WITH CHIPS AND SALAD  
HOME MADE FISH FINGERS, TARTER SAUCE £7  
HAM, ONION CHUTNEY £6  
CHEDDAR CHEESE, TOMATO £6  
HOT GRILLED STEAK, ONION, MUSHROOM £7  
CHICKEN, BACON, SALAD £7  
FALAFEL, HUMUS, ROASTED PEPPER SUN DRIED TOMATO £6 V V

## Sides

GARLIC BREAD £ 2.50 V  
CHEESY GARLIC BREAD £3.00 V  
CHUNKY CHIPS £3.00 V V  
CHEESY CHUNKY CHIPS £3.50 V  
BUTTERED VEGETABLES £3.00 (VEGAN IF NO BUTTER) V V  
MIXED SALAD £2.00 (VEGAN IF NO DRESSING) V V  
BUTTERED PEAS £1.00 V V

## Children's menu

SERVED WITH FRIES OR MASH & A CHOICE OF PEAS OR SALAD  
4OZ BURGER £5.50  
GRILLED CHICKEN BREAST £5.50  
SAUSAGES £5.50  
SERVED AS SHOWN  
FISH AND CHIPS, PEAS £5.50  
SAUSAGE AND MASH, PEAS, GRAVY £5.50  
VEGETABLE CHILLI, FRAGRANT RICE £5.50 V V  
5OZ STEAK, CHIPS, PEAS £7.00

## Sunday lunch

**Please ring to book on - 01422750947**

ADULTS £9.00  
KIDS £6.95  
2 COURSES £12.50  
3 COURSES £15.50

